



# 琉球唐手術國際研究會

**International Ryukyu Karate Research Society**

## **2010 Instructor of the Year**

The International Ryukyu Karate Research Society is pleased to name Sensei Jerry Figgiani its 2010 Instructor of the Year recipient. His dedication to the art, ongoing efforts to study, preserve and promote the history, evolution and value of Okinawan Karate is exemplary. As an ambassador for the art, we wish Sensei Figgiani the best of luck in his continued efforts. The fighting arts condition the body, cultivate the mind and nurture the spirit, in an effort to improve health, its holistic purpose; be better prepared to protect oneself, its defensive application; build moral character, its social aim; discover and overcome the source human weakness; its philosophical nature; and finally, to know inner-peace, its spiritual essence.

*Patrick McCarthy*

**Patrick McCarthy**  
Hanshi 9th Dan  
Director

